

Volume 37, Issue 7

July 2016



SUNRISE PRESBYTERIAN CHURCH

SUNRISE NEWS AND VIEWS

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Martha's Musings

June is my favorite month in Kansas because it's the month the foliage on plants really unfurls. Hostas seem to unwrap before my eyes. Hydrangeas and shrubs leaf out and begin to grow. My viburnums grew three or four inches this month. The trees form their wonderful canopy over my back garden and my street. It is paradise!

June is also my favorite month because it is when we begin to take our

summer Sabbath at Sunrise. Sunrise is an amazing church. We offer programs, classes and mission projects that many churches twice our size do not offer. We reach many different people as we care and share throughout the year. Yet all those programs and projects take a great deal of work. They take vision, coordination, imagination and energy. Sunrise steps up to the challenge time and time again.

In order to sustain our energy and focus, we need time to rest and reflect. The Lord's Day, each week offers us time out of our regular routines to listen, reflect and meditate. I have encouraged us to also take a Sabbath each summer in order to have a sustained time of renewal and reflection. John Calvin notes that the purpose of the Sabbath is to meditate on God. Meditation involves emptying our minds of all thoughts and allowing God to speak to us through the still silence.

I urge all of us to find time to be still this summer. I really encourage us all to find time outdoors to be still. I take time every day to walk outside, listen to the birds, look for the butterflies and bees, notice what's blooming and meditate on God. I believe it is very important that we turn off our smart phones for long periods of time so that we can be quiet. And I strongly encourage parents to turn off their kid's televisions,

games and computers in order that our children also have time to think, imagine and reflect. Our lives are very, very busy. We do many wonderful and good things, but it's very healthy for our spirits that we slow down for an extended time each year.

My Sabbath began early this year and not according to my plans! Most of you know about the horse hoof/foot accident I sustained while we were hosting Heartland Day Camp. My foot is improving – but I've had a few weeks of unplanned time off my feet – time not to be busy. It's been a good time to be quiet and listen for God.

I'll be taking my annual Sabbath at Ghost Ranch for two weeks this month. Every year I look forward to sitting in the quiet beauty of the mesas, wonderful worship with Phillip and Ali Newell, conversations with good friends and time to make art – to discover what I've kept hidden in my soul through all the busy days.

Ecclesiastes says that there is a time for every season – now is the time for our rest, refreshment and recreation. Let us deliberately take time to renew ourselves, so that together we might better serve the wonderful God we love.

Love,

Martha

"Let us deliberately take time to renew ourselves..."



Pictures from Heartland Day Camp

We had over 50 children at Sunrise during June attending day camp (that's in addition to the 97 CASTLE kids who are here on a daily basis all summer and are having a great time, by the way.) A good time was had by all at camp, except maybe poor Pastor Martha who was clopped by a horse while leading one of the kiddos around the yard on the horse. She was having a great time with the children (and with the horses) up until that point! But as she mentioned in her news article, she is on the mend and we're all grateful she wasn't hurt worse!



Sunrise Mariners Event

The Mariners will be hosting their annual "Ice Cream Social" on Saturday, July 30, 5:30-7:30.

Tickets are on sale now for \$4.00! See any mariner for a ticket, or stop by the church office if you'd like. Hope to see you there!



NOTE TO MARINERS:

The ice cream social is Saturday July 30th, 5:30 pm to 7:30 pm. The tickets are out. The Work schedule sheet will up in the kitchen by mid June. When you need more tickets call Paul, 823-1517.

"SOCK IT TO ME" Sock Drive



Ashby House needs socks for back-to-school time (and really, all the time). During July, please bring socks to fill the wonderful little red schoolhouse. Help to make feet complete for the kids at Ashby House. This year, we'll give some to DVACK, too. Questions? Call Carol Viar, 785-827-7401.

(Schoolhouse courtesy of Jeanne Sebree.)



Mariners/Evangelism & Nurture Committee New Event

Franks n' Fellowship!

The Evangelism and Nurture Committee is working together with the Mariners to bring the congregation and the church neighborhood *Franks n' Fellowship* three times during the summer.

Franks n' Fellowship is a FREE hotdog supper. We serve up plates of hotdogs, condiments and a bag of chips. We want you to bring your lawn chair and your own beverage (non alcoholic).

Mariners will serve up *Franks n' Fellowship* from 7:00 - 8:00 pm.

The remaining supper dates are:

July 27 (rain date 8-03)
August 17 (rain date 8-24.)

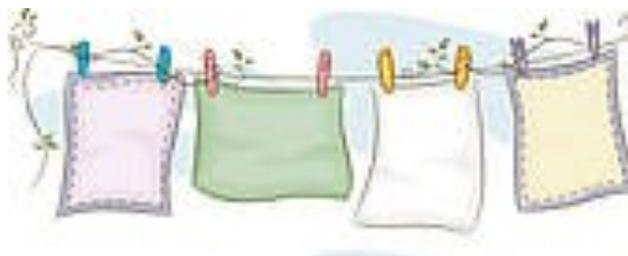
We are looking forward to these casual summer gatherings to enjoy each other's company and hopefully get to know some new faces as well. We will let the neighborhood know by leaving flyers at the houses 7 to 10 days before the supper.



Prayer Shawl Ministry News

Part of the *Sunrise Prayer Shawl Ministry* is a ministry to babies at Salina Regional Health Center.

Tiny, soft blankets for deceased babies, babies who will go into Foster care or adoption, and for babies of very poor families are being lovingly knit and crocheted by members of the Prayer shawl group.



Circles of the Heartland

Take a Bite Out of Poverty

The Inner Circle
Circles of the Heartland
July 2016

**TAKE A BITE
OUT OF POVERTY**

POVERTY BITES. YOU CAN HELP.

Join Circles of the Heartland on Tuesday, July 19th from 5-8 pm
to help us
"Take A Bite Out of Poverty"

The following restaurants will be donating 20% of the sales on this date to
Circles of the Heartland:

Martinelli's Little Italy
SantaCruz Burrito
Chuck's Bar and Grill

Hope to see you there!

1201 W. Walnut Salina KS
67401
785-827-6731

Share Via:



Check out our website 

CKMHC Youth Crisis Program Needs

We are collecting the following things to support the youth crisis program at Central Kansas Mental Health Center:

Hotel samples of shampoo, conditioner, soap, lotion, tooth-paste, toothbrushes, hairbrushes, combs, feminine products and deodorant. Thank you for your support!



222nd PC(USA) General Assembly

PC(USA) leaders issue post-General Assembly letter to the church

“For everything there is a season, and a time for every matter under heaven.” Ecclesiastes 3

Brothers and sisters in Christ, there is a new season in the Presbyterian Church (U.S.A.), as witnessed by the actions of the 222nd General Assembly (2016). The body of 594 commissioners who gathered June 18-25 in Portland, Oregon, elected Co-Moderators Denise Anderson and Jan Edmiston, and J. Herbert Nelson as the Stated Clerk. Both were historic, and both signal a new way forward for our church.

The business decisions made by the body also were transformative for the 1,572,660 members and 9,642 churches of the PC (USA). The work wasn't easy, and involved careful deliberations. Collectively, the body acted on nearly 100 overtures by discerning the will of Christ.

Among other things, we now have a new addition to our Book of Confessions – the Confession of Belhar. It is the first of our confessions that comes from the global south. And, the PC(USA) has a new Directory for Worship; and Child/Youth/Vulnerable Adult Protection Policy and Procedures. God is truly guiding us to be more faithful and just to all of God's creations.

Much discussion has been taking place around the identity and purpose of the denomination,

and this week the assembly voted to create a 12-member Way Forward Commission “to study and identify a vision for the structure and function of the General Assembly agencies of the PC(USA),” and a 15-member 2020 Vision Team to “develop a guiding statement for the denomination and make a plan for its implementation.”

To quote Stated Clerk-elect J. Herbert Nelson, “We are not dead ... we are alive, we are reforming and we are transforming this world, one person at a time.”

Looking outward, the assembly voted to engage in selective, phased divestment from fossil-fuel companies through the PC(USA)'s Mission Responsibility Through Investment committee, and re-affirmed a two-state solution for Israel-Palestine.

Please know this is only a snapshot of the actions taken, and just a glimpse at where God is leading this denomination. Complete business actions can be viewed at www.pc-biz.org.

We are, brothers and sisters, in a new season. It's exciting, but also a little scary. Yet in the midst of it all, take comfort that God is still

guiding and controlling all – and we need not fear. God is calling us to hope, and to God be the glory!

The Reverend Gradye Parsons
Stated Clerk of the General Assembly

The Reverend Denise Anderson and the Reverend Jan Edmiston
Co-Moderators of the 222nd General Assembly (2016)

Ruling Elder Tony De La Rosa
Interim Executive Director,
Presbyterian Mission Agency

CKMHC YOUTH CRISIS PROGRAM NEEDS

We are collecting the following things to support the youth crisis program at Central Kansas Mental Health Center:

Hotel samples of shampoo, conditioner, soap, lotion, toothpaste, toothbrushes, hairbrushes, combs, feminine products and deodorant. Thank you for your support!

Women's Retreat

Rooted and Grounded In Love for Creation

*A Retreat/Workshop
for Women of Spirit and Faith*

**Saturday, September 10
8:30am - 3 pm**

St. John's Military School

**\$15 (submit to church office,
marked Women's Retreat)**

"Rooted and Grounded in Love for Creation" is an interactive retreat/workshop that weaves together spiritual practices and sustainability themes to help participants deepen their relationships with God, others, and all of Creation.

It's a **retreat** – to feed your spirit, build community, and connect us to the cosmos.

It's a **workshop** – providing food for thought and reflection, interaction with others to challenge us to action, and hands-on activities.

Pastor Noni Strand will lead the retreat utilizing excerpts from her book-in-progress, *Rooted and Grounded in Love*. Devotions from the book will frame the sessions of our time together and provide opportunity for reflection. Together we'll tap into our deeply rooted passions and commitments of faith and spirit to work together for the future of the whole Earth community.



**For more information contact:
Rose Marie Merrill 825-8983
Carol Viar 827-7401**

This project is funded in part by the Horizons Grants Program
of the Salina Arts and Humanities Foundation.
Funding is provided by Horizons, a private donor group.

**SALINA
ARTS
& HUMANITIES**  **Horizons
Grants Program**



Prayer Notes



LECTIO DIVINA

(Encountering God through the scriptures)

Step One: Choose a scripture and place it nearby.

Become still and quiet within.

Silently turn all your thoughts and desires over to God. Let go of concerns, worries, or agendas.

Just be for a few minutes.

Step Two: Read your short passage slowly and carefully, either aloud or silently. Reread it.

Be alert to any word, phrase, or image that seems to have energy for you. It could be a word that invites you, a phrase that puzzles you, an image that intrigues you.

Wait for this word, phrase, or image to speak to you; do not rush or force it. Read the passage as many times as you like.

Step Three: Take whatever word, phrase, or image from your scripture passage that has energy for you and allow yourself to ponder it in your heart.

In this phase, think over your chosen text. Repeat it to yourself like a mantra.

Allow this word, phrase, or image to interact with your deepest self—your thoughts, desires, memories. Let it speak to your life.

Step four: Let your soul be deeply in prayer, allowing God to transform you through the word, phrase, or image from the scripture.

Let your feelings be open and honest with God. Let your heart be in dialogue with God. Consider how this word, phrase, or image connects with your life today.

How is God present to you in it?

Step five: Rest silently in the presence of God. Move beyond words, phrases, or images. Enjoy the freedom that comes in contemplation.

If you desire, write about this experience in a journal. What is your word phrase or image? What does God reveal to you in it?

What does it have to say about your life right now?



PC(USA) Triennium Commissioning - Attendee Name Omitted

Sunday, July 3rd, we commissioned our youth who will be traveling to triennium the week of July 19-23. However, we accidentally omitted one youth, Alexys Hedges. We apologize to Alexys for leaving her name off the list of attendees and

pray for her well being and spiritual fulfillment at this year's PCUSA Youth Triennium at Purdue University in West Lafayette, Indiana. We hope Alexys, and all the young adults going on the trip have a wonderful experience!



In Service of The Church - July



July Lay Leaders

- 03 Judy Christensen
- 10 Dean Atteberry
- 17 Ann Zimmerman
- 24 Pat Breeding
- 31 Mary Lee Arnold



July Acolytes

- 03 Ushers
- 10 Ethan Bolen
- 17 Ushers
- 24 Allen Johnson
- 31 Tacey Barrett



June	
<i>Attendance Register</i>	
5th	89
12th	76
19th	94
26th	93

July Ushers

- * July 03
Cheryl Sweley
Clarke Sanders
- * July 10
Clay & Nancy Thompson
Kevin & Melisa McElwee
- * July 17
Pat Tomlins & Nadine Griffin
Katie Weis & Karen Sutton
- * July 24
Jim & Ellen Price
Jim & JoAnn Gile
- * July 31
Ed & Carol Viar
Tom & Sylvia Phillips

July Greeters

- East: Mary Lee Arnold
South: Sharon Hauser
- East: Shirley Urbanek
South: Kathyne Perney
- East: Bob Hagen
South: Kathyne Perney
- East: Betty Rasette
South: Dean & Janet Atteberry
- East: Bob Hagen
South: Lewis & Barbara Kollhoff



* Please ask 2 people from the congregation to help take up offering.

July Birthdays & Anniversaries



- | | |
|---|--|
| <p>2 Gary Hale
Betty Kerr
Dorothea Webb</p> <p>3 Harry & Linda Tysen Anniversary</p> <p>4 Bruce Benyshek
Barbara Ross</p> <p>5 Rebecca McKnight</p> <p>6 Bethany Drees
Jennifer Hewitt</p> <p>7 Pat Storey</p> <p>8 LeRay Wilkie</p> <p>10 Harold Waggoner
Vivian Weidmer
Kevin & Stephanie Cool Anniversary</p> <p>11 Jan Albrecht
Tony Hewitt
Lois McBeth
Mike Ross</p> | <p>14 Katie Thompson
Brenda Pilcher</p> <p>16 Jessica Merrill
Helen Smith</p> <p>19 Paul & Tammy McAfee Anniversary</p> <p>21 Gary Weis</p> <p>23 Eric Corby
Leslie Spellman</p> <p>25 Thea Hoekstra
Kay Keller
Don & Noreen Slaughter Anniversary</p> <p>26 Jean Adam
Sharon Herrington</p> <p>27 Don Vineyard</p> <p>28 Mel Abbott</p> <p>31 Kathy Potts</p> |
|---|--|



Did we make a mistake?

Please don't hesitate to let us know if we've left out anything such as birthdays and anniversaries, or if we have made a mistake or omission in the newsletter.



We want to correct it! Thanks!

Do you have news?

Please don't hesitate to contact me if you have newsletter items to share, or with any comments about the newsletter! I hope you're all having a terrific July!

Angie Koshgarian,
Newsletter Editor



SUNRISE PRESBYTERIAN CHURCH

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www.sunrisepresbyterian.com



Sunday Mornings

9:30 a.m. Worship
(Communion - First Sunday of Each Month)
10:30 a.m. Fellowship
10:45 a.m. Sunday School for All (Off During Summer)

General Office Hours:
8:00 am-12:00 pm, Monday-Friday
Financial Office Hours:
10:00 am-12:00 pm, Monday & Thursday

Pastor: Rev. Dr. Martha Murchison
Director of Music: Leslie Mangrum
Organist: Sue Will
Church Treasurer: JoAnn Gile
Financial Secretary: Karmel Spencer
Office Administrator & Newsletter Editor:
Angie Koshgarian
Custodian: Greg Kerr